

MEDIA KIT · PODCAST HOST & STORYTELLER

Timothy Ivy

**What formed you may explain you.
It doesn't get to define you.**

Timothy Ivy is the host of *Built, Not Broken* and *What's On My Mind Today*, two faith-centered podcasts about identity, healing, and real life. Drawing on his own journey from a childhood shaped by survival to an identity rebuilt in Christ, he speaks plainly about how God rebuilds what hard seasons formed.

Credited as Timmy Ivy on Built, Not Broken · @TimmyIvy77

The shows



Built, Not Broken

Faith, Healing and Purpose. A first-person journey from childhood survival into identity, authority, and victory in Christ.



What's On My Mind Today

Faith for Real Life. Short biweekly reflections on faith and everyday moments, with no hype and no performance.

Listen on Spotify, Apple Podcasts, Amazon Music, and all major apps.

Featured episodes

- When Survival Tries to Define You
  Built, Not Broken · Episode 1
- Healthy Connection: Learning Who Is Safe
  Built, Not Broken · Episode 7
- The Mouth God Opened
  Built, Not Broken · Episode 13
- When Faith Sounds Like Empty Words
  What's On My Mind Today

Conversation topics

- When survival tries to define you
- Healing survival-trained responses without shame
- Healthy connection: learning who is safe
- From orphan to son: being fathered by God
- Faith and purpose after a stroke
- Faith for real life, in plain language

Available for

- Podcast and video interviews
- Guest conversations

Remote, audio or video.

To book

Email with your show or channel, proposed topic and format, and preferred dates.

Suggested questions for hosts

1. What did survival teach you to believe about yourself, and when did you realize it was a lie?
2. How do you tell the difference between forgiveness and giving someone unlimited access?
3. What changed in you when your voice changed after the stroke?

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